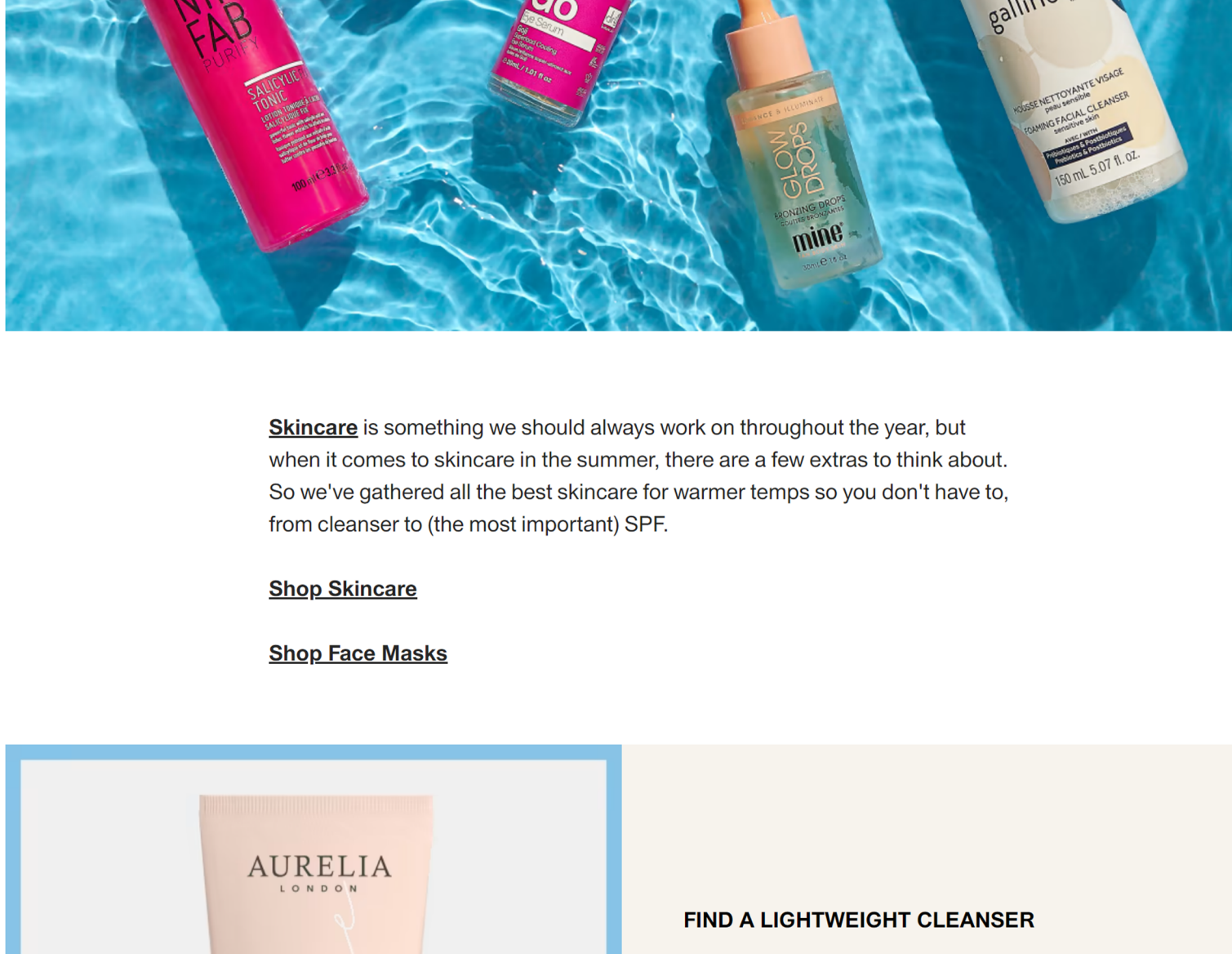


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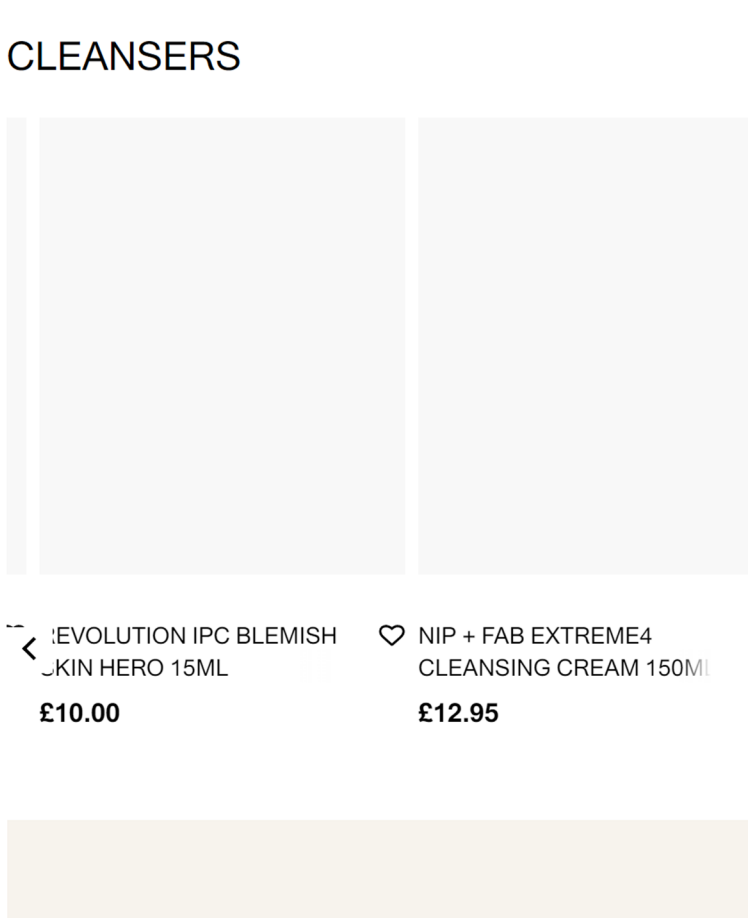
SUMMER SKINCARE SAVIOURS



Skincare is something we should always work on throughout the year, but when it comes to skincare in the summer, there are a few extras to think about. So we've gathered all the best skincare for warmer temps so you don't have to, from cleanser to (the most important) SPF.

[Shop Skincare](#)

[Shop Face Masks](#)



FIND A LIGHTWEIGHT CLEANSER

Would you wear a jumper in the Maldives? No. The same principle applies to your skincare. You want to keep things lightweight in the summer, both in your holiday wardrobe and your skincare.

Opt for a refreshing cleanser instead of heavier balms or cream cleansers, which are especially good for those with oilier skin types. This Balance and Purify Citrus Cleanser by Aurelia London is top of our wishlist.

[Shop Cleansers](#)

CLEANSERS

- EVOLUTION IPC BLEMISH MASK HERO 15ML **£10.00**
- NIP + FAB EXTREME4 CLEANSING CREAM 150ML **£12.95**
- NIP + FAB EXTREME4 MICELLAR CLEANSE PADS **£14.95**
- SALI HUGHES BUTTERFLY MAKEUP CLEANSING BAL **£15.00**

DON'T FORGET VITAMIN C

If you're serious about protecting your skin in the summer, then add vitamin C to your routine (alongside your SPF etc).

The sun is at its strongest in summer – yes, even in the UK – and that can cause all sorts of skin troubles.

By adding a vitamin C serum this summer, you'll boost your skin's protection against sun damage, and also things like pollution. It can also help support your skin's collagen (helping with fine lines and wrinkles) and combat hyperpigmentation. When we say it's the GOAT, you'd best believe us.

[Shop Vitamin C](#)

VITAMIN C

- REVOLUTION VITAMIN C SHEET MASK MULTIPACK **£9.50**
- EVOLUTION 12.5% VITAMIN C SERUM, 30ML **£8.00** ~~£10.00~~
- NIP + FAB VITAMIN C FIX CLEANSER **£10.00** ~~£14.95~~
- NIP + FAB VITAMIN C CONCENTRATE EXTREME **£24.95**

EXFOLIATION IS KEY

Don't judge a product by its name, Gallinée Face Vinegar is a skin-refreshing toner that contains prebiotics and postbiotic acids to calm stressed skin. Basically, it'll help keep the perfect balance of good bacteria on your skin whilst giving you "that" glow. Patch test to make sure your skin is happy, then only use in the PM and always use SPF the day after.

[Shop Exfoliators & Toners](#)

EXFOLIATORS & TONERS

- EVOLUTION SKINCARE MUSHROOM TONER 200ML **£8.00**
- EVOLUTION SKINCARE MANDELIC ACID TONER **£15.00**
- NIP + FAB VITAMIN C FIX TONIC **£17.95**
- NIP + FAB SALICYLIC FIX SCRUB **£9.95**

HYDRATION, HYDRATION, HYDRATION (AND SPF)

This wouldn't be a summer skincare guide if we didn't talk hydration and SPF.

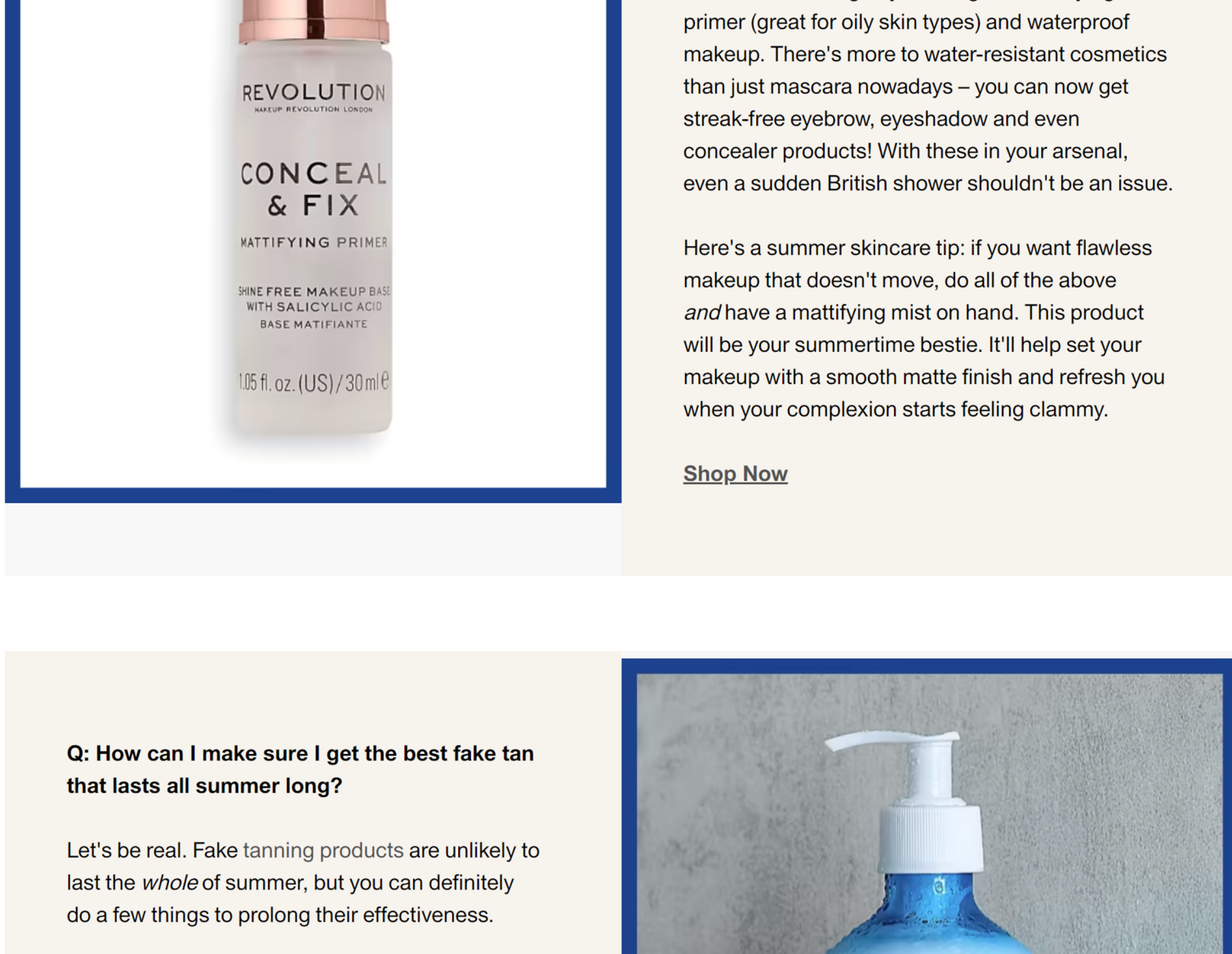
Swap out your winter moisturiser for a lightweight face cream when the temperature starts to rise to keep your face feeling fresh (and to avoid clogging your pores).

And to make your life that little bit easier – combine your hydration and protection into one. We should wear SPF, all year around, but when the alarm goes off before work, it's not always the first thing we reach for. Cue: these hybrid products – making your skincare routine that little bit simpler.

[Shop Moisturisers](#)

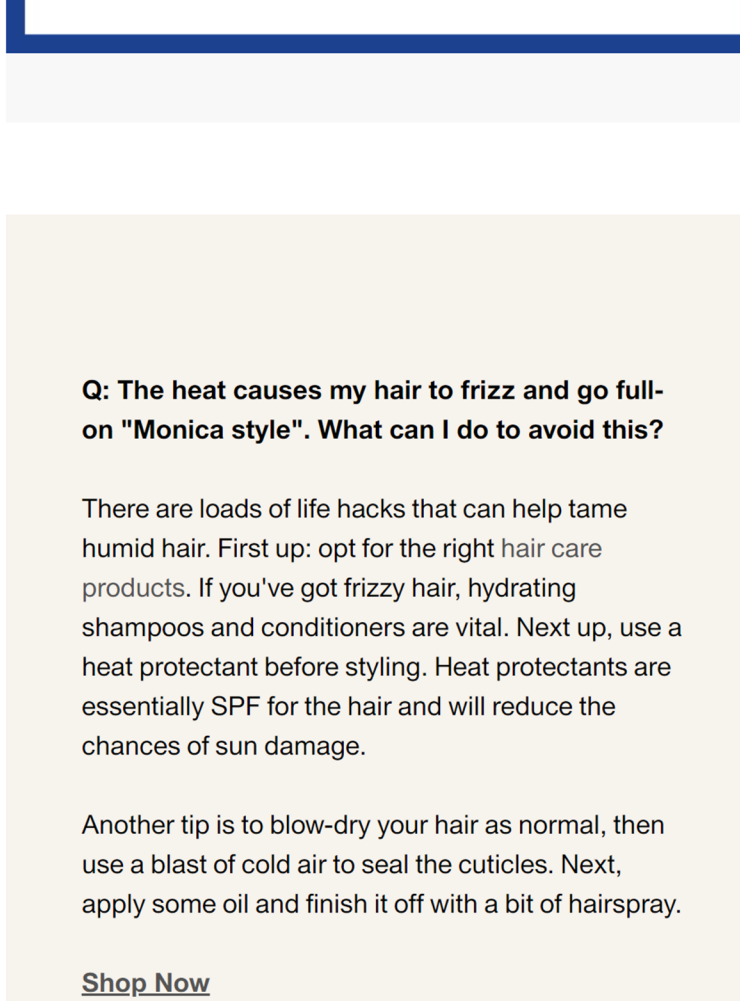
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SUMMER SKIN FAQs, ANSWERED



Between bellinis and blue-sky backdrops, looking and feeling your best this summer is essential. And what better accessories for your summer outfits than healthy, glowing skin and hair? To help you achieve all-over radiance, we're answering your most-asked summer beauty questions. From finding that perfect golden tan to protecting your skin against the sun, we're going to cover it all.

[Shop Beauty New Arrivals](#)



Q: I've tried loads of SPFs but they cause my skin to break out. What do I use, or what am I not using properly?

SPF is a must all year round, and not just for summer skincare. One reason your SPF could be causing breakouts is that it's a regular sunscreen or that it contains a lot of chemicals. General sun cream isn't formulated for the face and may contain ingredients that can quickly clog your pores. Likewise, certain skincare SPFs also include oily ingredients that can do the same, so make sure you opt for an oil-, silicone- and fragrance-free SPF.

When it comes to applying SPF properly, you'd be surprised at how many people are also in the dark. The answer is simple: SPF goes on last (before makeup, that is). Apply it after your moisturiser so it's the final protective layer that'll keep those harsh rays at bay.

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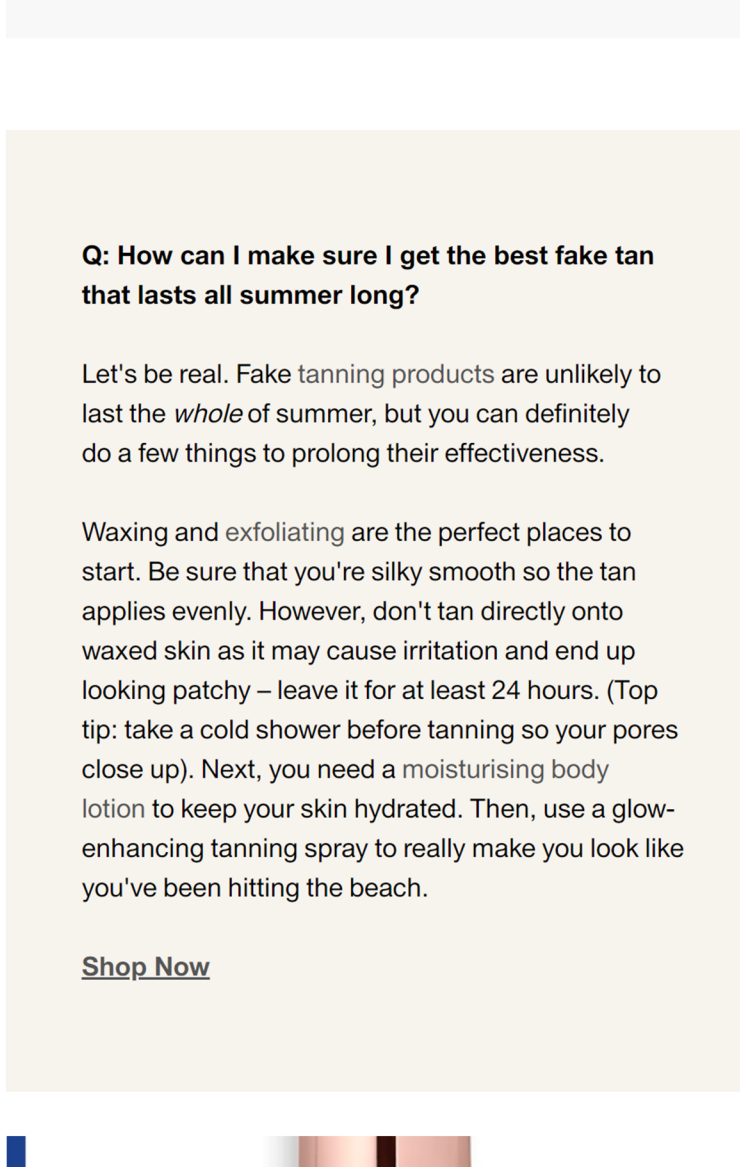


Q: The heat causes my hair to frizz and go full-on "Monica style". What can I do to avoid this?

There are loads of life hacks that can help tame humid hair. First up: opt for the right hair care products. If you've got frizzy hair, hydrating shampoos and conditioners are vital. Next up, use a heat protectant before styling. Heat protectants are essentially SPF for the hair and will reduce the chances of sun damage.

Another tip is to blow-dry your hair as normal, then use a blast of cold air to seal the cuticles. Next, apply some oil and finish it off with a bit of hairspray.

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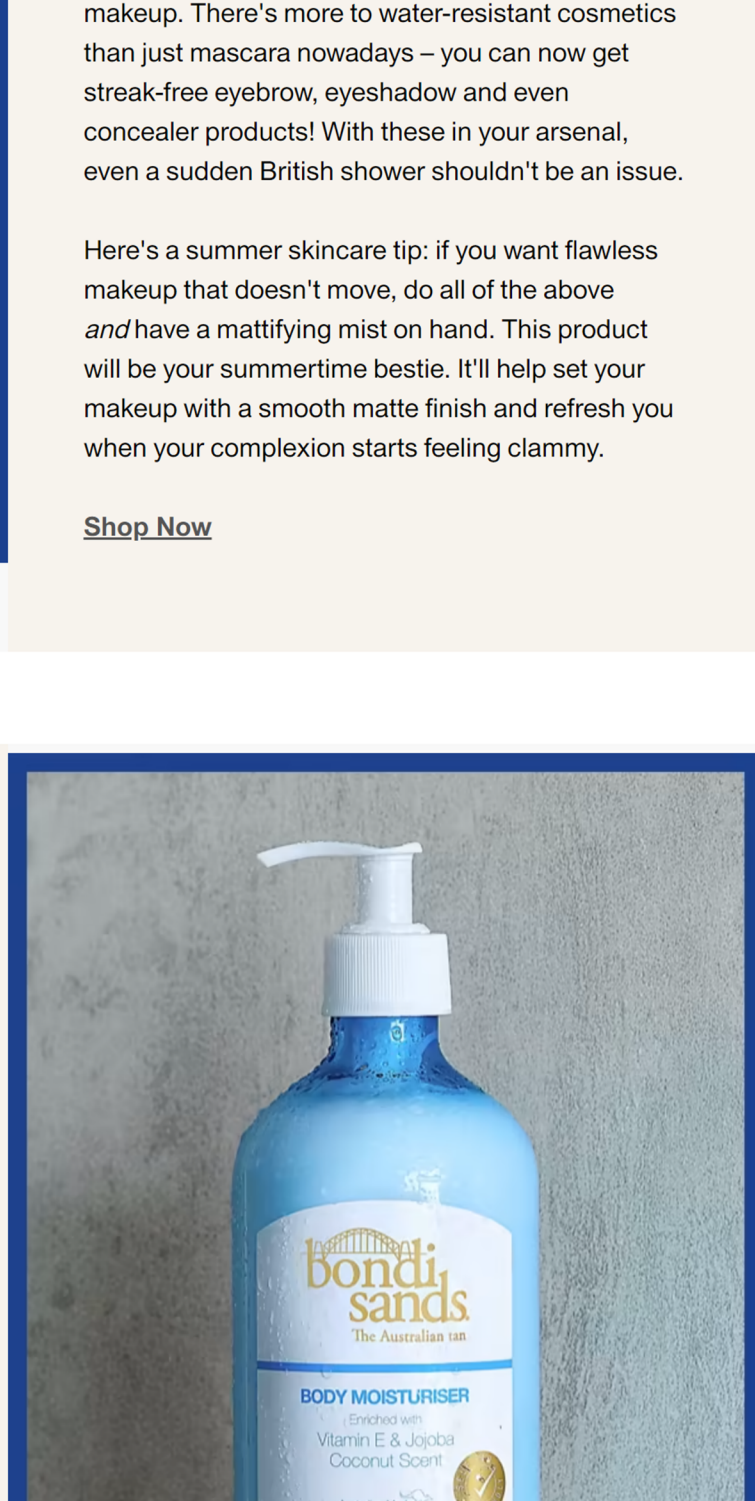
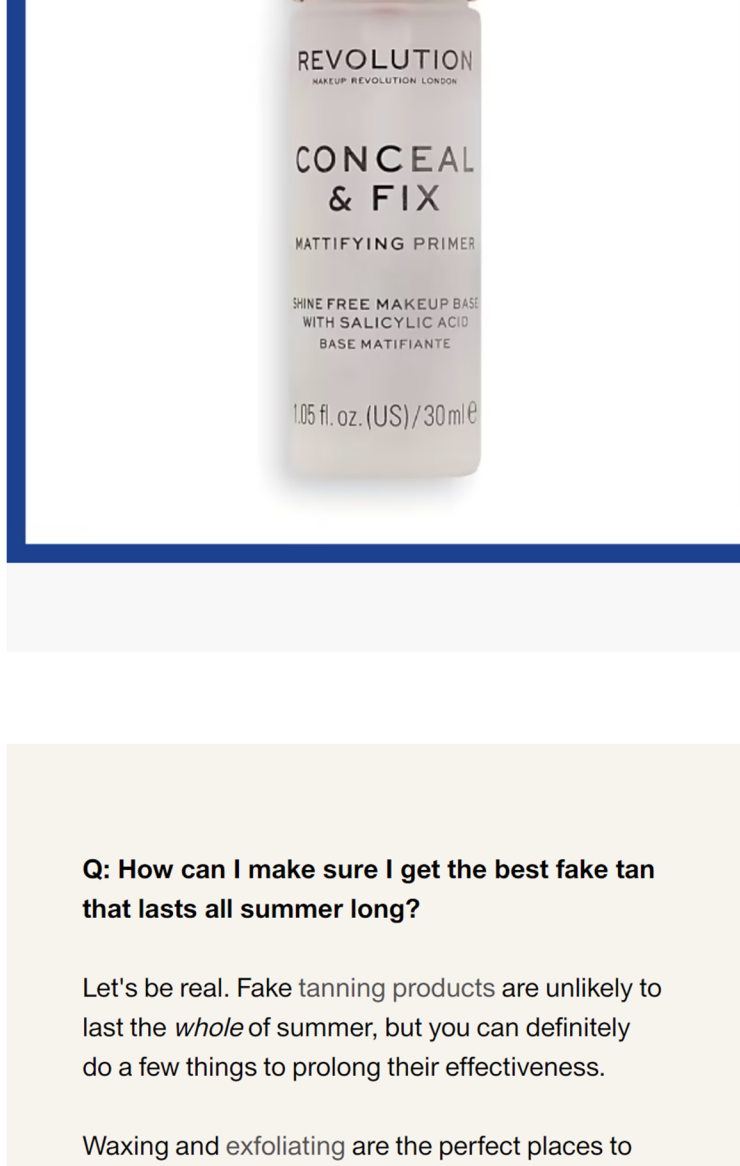


Q: How can I make sure my makeup lasts longer and doesn't sweat off?

Sticky, streaky makeup has happened to all of us. Whether it's from the summer rays or from working up a sweat in the gym, we've all been there. The best summer beauty secrets for putting an end to those face-melting days are a good mattifying primer (great for oily skin types) and waterproof makeup. There's more to water-resistant cosmetics than just mascara nowadays – you can now get streak-free eyebrow, eyeshadow and even concealer products! With these in your arsenal, even a sudden British shower shouldn't be an issue.

Here's a summer skincare tip: if you want flawless makeup that doesn't move, do all of the above *and* have a mattifying mist on hand. This product will be your summertime bestie. It'll help set your makeup with a smooth matte finish and refresh you when your complexion starts feeling clammy.

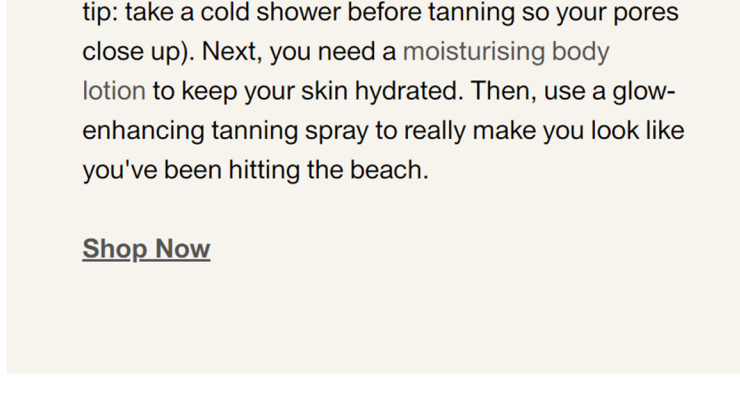
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Q: How can I make sure I get the best fake tan that lasts all summer long?

Let's be real. Fake tanning products are unlikely to last the *whole* of summer, but you can definitely do a few things to prolong their effectiveness.

Waxing and exfoliating are the perfect places to start. Be sure that you're silky smooth so the tan applies evenly. However, don't tan directly onto waxed skin as it may cause irritation and end up looking patchy – leave it for at least 24 hours. (Top tip: take a cold shower before tanning so your pores close up). Next, you need a moisturising body lotion to keep your skin hydrated. Then, use a glow-enhancing tanning spray to really make you look like you've been hitting the beach.

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